



Wholesome food - naturally!

Childcare Menu Week 3 - Week Commencing: 02.02.26

*Low in Sodium & Refined Sugars

*Nut Aware

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 ORGANIC MILK, PEAR & ROCKMELON	 APPLE, CHEESE, MULTIGRAIN CORN THINS & VEGGIE STICKS	 TROPICAL FRUIT PLATTER W/ ORGANIC MILK	 VITA WEATS W/ CHEDDAR CHEESE & CRUDITES	 ORGANIC MILK, BANANA & APPLE
LUNCH	 SPAGHETTI BOLOGNAISE W/ CHEDDAR CHEESE	 CHEESY VEGETABLE LASAGNE	 SANDWICHES: ROAST CHICKEN, LETTUCE & CHEESY CARROT / ROAST BEEF, TOMATO, PEPITA PESTO SUSHI: TERIYAKI CHICKEN & AVOCADO	 CHICKEN & PINEAPPLE CURRY W/ BROWN RICE & PEAS & CORN	 AUSSIE BEEF BURGER W/ BEETROOT
AFTERNOON TEA	 WHOLEMEAL GARLIC BREAD W/ ORANGE WEDGES	 APPLE & SULTANA SCROLL	 TROPICANA PIZZA	 PEACH & PEAR / OR BLUEBERRY CRUMBLE W/ ORGANIC YOGHURT	 TUNA & CHIVE DIP/ TOMATO & CHEESE DIP W/ BROWN RICE CRACKERS